



## KHELO INDIA- ASMITA WOMEN'S SWIMMING LEAGUE SOUTH ZONE

**Venue: Aquatic Complex, Thrissur, Kerala On 21<sup>st</sup> & 22<sup>nd</sup> March-2026**

### **1<sup>st</sup> Day RESULTS – Girls Under-18**

#### **1 - 50 M. Freestyle**

I	Garsha Saharsha	Keralam	00:29:43
II	LIPIKA D M	Karnataka	00:30:45
III	DEVIKA K	Keralam	00:31:23
IV	Poorvi .MF	Karnataka	00:31:38
V	MEHRIN ASIF	Keralam	00:32:62
VI	Yashini Kamaraj	Tamil Nadu	00:32:79
VII	ANIKHA U	Karnataka	00:33:50
VIII	ANOOJA. P	Keralam	00:33:74

#### **2 - 200 M. Freestyle**

I	Garsha Saharsha	Keralam	02:28:13
II	DHAKSHINA BIJO P	Keralam	02:32:91
III	ANUSHRI JADHAV	Karnataka	02:39:15
IV	Nivya Mohanan	Keralam	02:42:49
V	ANOOJA. P	Keralam	02:48:11
VI	Aaryanandha Shaji	Keralam	03:01:57
VII	Deshnaa P Shetty	Karnataka	03:15:77

#### **3 - 200 M. Back stroke**

I	Aarna Vivek Hegde	Karnataka	02:37:25
II	AVANTHIKA PRADEEP	Keralam	02:39:19
III	DHAKSHINA BIJO P	Keralam	02:39:82
IV	Tanmayi Dharmesh	Karnataka	02:40:41
V	LIPIKA D M	Karnataka	02:46:02
VI	SADHIKA .S	Keralam	03:32:87
VII	Baggu Praharshini Kanaka Laxmi	Andhra Pradesh	03:39:86
VIII	ANZITA MARIYA DINIL	Keralam	03:45:74

#### **4 - 100 M. Breast stroke**

I	Nadakuditi Pavani Sarayu	Andhra Pradesh	01:22:59
II	PRATEEKSHA N SHENOY	Karnataka	01:26:70
III	ANJALI S SATHYA	Keralam	01:27:19
IV	ANIKHA U	Karnataka	01:38:17
V	Helna Laiju	Keralam	01:38:86
VI	ANAGHA D DEVADAS	Keralam	01:47:94
VII	Deshnaa P Shetty	Karnataka	01:56:86

**5 - 50 M. Butterfly stroke**

I	Sravani Jagannathan	Tamil Nadu	00:30:25
II	AVANTHIKA PRADEEP	Keralam	00:32:35
III	DEVIKA K	Keralam	00:32:68
IV	ANUSHRI JADHAV	Karnataka	00:35:17
V	MEHRIN ASIF	Keralam	00:35:49
VI	SRANIKA S	Keralam	00:35:57
VII	KAYAL P.S	Pondicherry	00:39:36
VIII	ASRITHA .P	Keralam	00:39:64

**6 - 100 M. Butterfly stroke**

I	Sravani Jagannathan	Tamil Nadu	01:09:61
II	SRANIKA S	Keralam	01:20:95
III	MEHRIN ASIF	Keralam	01:24:12
IV	ASRITHA .P	Keralam	01:31:20
V	Monisha H.M	Karnataka	01:49:54

**7 - 200 M. Individual Medley**

I	Aarna Vivek Hegde	Karnataka	02:41:98
II	Nadakuditi Pavani Sarayu	Andhra Pradesh	02:42:42
III	Tanmayi Dharmesh	Karnataka	02:47:07
IV	ANJALI S SATHYA	Keralam	02:54:78
V	ANUSHRI JADHAV	Karnataka	03:01:44
VI	SRANIKA S	Keralam	03:07:85
VII	Aaryanandha Shaji	Keralam	03:28:28
VIII	SADHIKA .S	Keralam	03:33:77

**Girls Under-15****1 - 50 M. Freestyle**

I	TRISHA SINDHU S	Karnataka	00:28:45
II	Hannah Elizabeth Siyo	Keralam	00:29:12
III	INDRAANY M MENON	Keralam	00:29:45
IV	IRA BHAT	Karnataka	00:29:75
V	IDIKA BHAT	Karnataka	00:29:75
VI	Shreya Binil	Keralam	00:30:02
VII	Devika M	Karnataka	00:30:23
VIII	Laasya Kishan	Karnataka	00:30:34

**2 - 200 M. Freestyle**

I	TRISHA SINDHU S	Karnataka	02:15:44
II	IDIKA BHAT	Karnataka	02:17:25
III	Hannah Elizabeth Siyo	Keralam	02:18:53
IV	INDRAANY M MENON	Keralam	02:19:61
V	IRA BHAT	Karnataka	02:23:60
VI	SPARSHA S HARISHA	Karnataka	02:25:92
VII	Devika M	Karnataka	02:29:82
VIII	Nayana A Madhyastha	Karnataka	02:30:17

**3 - 100 M. Back stroke**

I	Shreya Binil	Keralam	01:12:40
II	Liva Pontheakkan Laiju	Keralam	01:19:88
III	SHIKHA S R	Keralam	01:23:03
IV	Nathania V Kattumpuram	Keralam	01:24:93
V	ANANYA KARRI	Andhra Pradesh	01:26:45
VI	Tvisha Iyer	Karnataka	01:28:01
VII	EVELYN ZERA ALEN	Keralam	01:28:04

VIII ANANYA SHANBHOGUE. K Karnataka 01:28:37

**4 - 100 M. Breast stroke**

I	Inchara HR	Karnataka	01:20:60
II	Siri Preetham	Karnataka	01:21:91
III	POORNIMA DEV	Keralam	01:27:40
IV	SPARSHA S HARISHA	Karnataka	01:27:41
V	Aadya Bharadwaj	Karnataka	01:28:34
VI	Ohileshwari Raghu	Karnataka	01:28:65
VII	Dhwani Subeesh	Keralam	01:29:53
VIII	SINDHURA KONGARA	Andhra Pradesh	01:29:93

**5 - 50 M. Butterfly stroke**

I	MARISHKA MANOJ ALLELUIA	Karnataka	00:31:26
II	SHWITI DIWAKAR SUVARNA	Karnataka	00:31:60
III	Aadya Bharadwaj	Karnataka	00:31:89
IV	INDRAANY M MENON	Keralam	00:32:15
V	Charvi .M	Karnataka	00:34:21
VI	NIVEDYA VN	Keralam	00:34:45
VII	ANANMAYA .S	Keralam	00:35:34
VIII	VAIGA A V	Keralam	00:35:44

**6 - 100 M. Butterfly stroke**

I	TRISHA SINDHU S	Karnataka	01:08:36
II	MARISHKA MANOJ ALLELUIA	Karnataka	01:10:18
III	Aadya Bharadwaj	Karnataka	01:12:31
IV	SHWITI DIWAKAR SUVARNA	Karnataka	01:13:53
V	Angelin A Justin	Keralam	01:17:62
VI	NIVEDYA VN	Keralam	01:18:39
VII	Nayana A Madhyastha	Karnataka	01:20:07
VIII	Inchara HR	Karnataka	01:21:13

**Women - Section**

**1 - 50 M. Freestyle**

I	BHADRA SUDEVAN S	Keralam	00:29:35
II	VARSHA. S	Keralam	00:29:50
III	RIYA ABE	Keralam	00:31:16
IV	KONGARA SANVI	Andhra Pradesh	00:32:74
V	Akshaya. S	Keralam	00:33:70
VI	Sandraja. M	Keralam	00:34:16

**2 - 200 M. Freestyle**

I	Sahana Nandakumar	Karnataka	02:26:66
II	YOSHITA. J	Karnataka	02:30:33
III	Akshaya. S	Keralam	02:36:78
IV	MADHURIMA S.M	Keralam	02:40:21
V	Sandraja. M	Keralam	02:51:42

**3 - 200 M. Back stroke**

I	Sahana Nandakumar	Karnataka	02:49:08
II	Kavya Mohanan	Keralam	03:03:37
III	Sudhi Sudevan	Keralam	03:34:19

**4 - 100 M. Breast stroke**

I	MADHURIMA S.M	Keralam	01:31:66
II	Archana. P	Keralam	01:45:37

**5 - 50 M. Butterfly stroke**

I	THITHIKSHAA	Karnataka	00:31:45
II	VARSHA. S	Keralam	00:31:93
III	Sandraja. M	Keralam	00:38:32
IV	Archana. P	Keralam	00:43:15

**6 - 100 M. Butterfly stroke**

I	THITHIKSHAA	Karnataka	01:11:45
II	VARSHA. S	Keralam	01:12:62
III	YOSHITA. J	Karnataka	01:17:53

**7 - 200 M. Individual Medley**

I	AMRITTA RAVIKUMAR	Tamil Nadu	02:58:87
II	Kavya Mohanan	Keralam	03:01:84
III	KONGARA SANVI	Andhra Pradesh	03:20:46

**8 - 400 M. Individual Medley**

I	Sahana Nandakumar	Karnataka	06:04:29
II	YOSHITA. J	Karnataka	06:14:07
III	AMRITTA RAVIKUMAR	Tamil Nadu	06:25:30
IV	Kavya Mohanan	Keralam	06:35:87